## SOAR Executive BOARD Update

Dear SOAR Members,

We would like to thank all of you who called us with your up dated contact information. This will help us help you.

We would like to thank all of you who have made the wise choice for your health and have received your Covid vaccines. I highly recommend both the Pfizer and Moderna injections. In life, I find it is better to error on the side of health and safety. We need to be proactive when it comes to our health. Hopefully, our nation and the world will soon be able to feel both healthy and normal again.

You can call your doctors' office; as many of them are now scheduling vaccines. You can try calling your local hospital. I know Community Hospital has continually scheduled Covid vaccines. Those of you who use a computer you can visit **ourshot.in.gov** to register at a site near you. When you receive your shot, they will give you a card with the type of shot and the date of each shot to maintain for your personal records. Please note, those of you who plan to fly state to state or to another country will need to take this card with you to the airport as proof of your Covid vaccines. Some states and countries require you to self - quarantine for two weeks once you arrive. Some states and counties will enforce the quarantine and check - up to see if you are at the address you provided as your destination. As you know there have been several cases of people going on vacations to other countries and not being allowed to return home due to the spread of Covid for weeks.

Once again if you need to contact me; my cell home number is 574-971-4215, cell is 574-249-0250 and my email is dorinegodinez@yahoo.com